

Our population is diverse. As leaders in our community we must respond to the importance of inclusiveness at the individual, organization and community level. Please join us for these 4 community trainings led by state and national level diversity trainers. Cost to participate is \$85 per person per training. Lunch is provided. All participants must register to attend. This is a full day interactive experiential training.

# Part 1

## **Diversity & Cultural Competency**

- Understand and distinguish concepts for Cultural Competency.
- Become aware of and knowledgeable about common barriers to Cultural Competency.
- Distinguish and understand unearned advantage and disadvantage.
- Interact with people from a variety of backgrounds and experiences to better understand your own diversity.

### April 2nd, 2015

### **PacificSource Health Plans - Bend**

# Part 2

#### **Inclusive Environments**

- Gain insight into other people's self-defense mechanisms in conflict situations.
- Gain insight into how rules and patters vary in different social contexts.
- Learn to assess your environment to determine its effectiveness and inclusiveness.
- Become aware of and knowledgeable about common barriers to inclusive environments.
- Apply tools that foster inclusiveness at a personal, professional, and organizational level.

#### July 16th, 2015

#### **PacificSource Health Plans - Bend**

# Part 3

### **Poverty & Health Equity**

- Understand and distinguish concepts relevant to Poverty and Health Equity.
- Become aware of and knowledgeable about common barriers to Community Health.
- Apply tools that foster Cultural Competency at a professional and community level.

#### September 3, 2015

**Jefferson County** 

# Part 4

#### Poverty & Health Equity of Latino Immigrant & Native American Populations

- Understand and distinguish concepts relevant to Poverty and Health Equity.
- Become aware and knowledgeable about common barriers for Latino and Native American health outcomes.
- Learn how to make changes and advocate for equity in your community.
- Discuss hope for moving forward in our community as one unified community.

**December 3, 2015** 

**Jefferson County** 



# About the Trainers:

# Caroline Cruz Confederated Tribes of Warm Springs

Caroline Cruz is an enrolled member with the Confederated Tribes of Warm Springs, Oregon. Caroline currently works as the Tribal liaison to the State and oversees the Prevention Health and Education Team.

Caroline has 35 plus years of experience working in the total continuum of care with Alcohol, Tobacco and other Drugs (ATOD) and related fields. She has experience in Community Prevention, Community Mobilization, Treatment, Training, Curriculum Development, Grant Writing, Administration and Consultant work. Caroline has over 30 plus years experience training diversity and culture competency topics.

# Sonya Littledeer-Evans, MPA Littledeer-Evans Consulting

Mrs. Littledeer-Evans earned her BA degree at the University of Oregon in Political Science with a Minor in Spanish. Mrs. Littledeer-Evans began her internship with a local Juvenile Dept., working with Juveniles in the Detention Center and the Courts. She then went on to work in the Central Oregon Juvenile Community Justice field as a Juvenile Probation Officer, Department Supervisor, and Program Manager, having been in the field 16 years now. Mrs. Littledeer-Evans earned her Masters of Public Administration Degree through PSU in 2008.

Drawing from her own experiences of poverty, discrimination, multicultural heritage and of being a juvenile delinquent, Mrs. Littledeer-Evans has been a motivational speaker, trainer and facilitator for over 17 years. Mrs. Littledeer-Evans has spoken and offered trainings on a national, state and local level dealing with cultural competency, disproportionate minority contact, gender specific issues, working with high-risk youth, equity, inclusion and social justice. In 2003, through a sponsorship by the State of Oregon Partners for Children & Families, Clackamas County Commission on Children & Families and the Oregon Criminal Justice Commission. Mrs. Littledeer-Evans was certified as a Cultural Competency trainer and serves on the cadre of Cultural Competency Trainers in Oregon. Mrs. Littledeer-Evans also serves on the Oregon Health Authority, Office of Equity and Inclusion's registry of Qualified Trainers for Diversity, Inclusion and Health Equity. Mrs. Littledeer-Evans consults for her own consulting firm, Littledeer-Evans Consulting.



# Let's Talk Diversity Training - Part 1

# Thursday April 2nd, 2015

9:00 am to 3:30 pm

# Location:

PacificSource Health Plans Bend Office 2965 NE Conners Ave. Bend OR 97701

Name:	Title:	
Organization:		
Email:	Paid \$85 : _ Yes No	
	Dietary restrictions?	
	O Vegetarian	
	O Vegan	

O Other special dietary needs:

# **To Register:**

Email this form to: carolynh@BestCareTreatment.org

Or fax this form to: 541-475-4325

\*Please pay online at WWW.Letstalkdiversity.org or mail check to: 574 SW 4th St. Madras, OR 97741

(Checks payable to Bestcare Treatment Services)

Please register by 5:00pm March 27th, 2015