

## Essentials Rx 803 (HMO) offered by PacificSource Medicare

## **Annual Notice of Changes for 2018**

You are currently enrolled as a member of Essentials Rx 803 (HMO). Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes*.

Changes to your Medicare coverage for next year must be made during the PHIP
Health Insurance Plan (PHIP) annual plan change period from October 1 to
November 15. This annual change period is determined by PHIP. Please contact
PHIP for more information.

#### What to do now

••	
1.	ASK: Which changes apply to you
	Check the changes to our benefits and costs to see if they affect you.
	<ul> <li>It's important to review your coverage now to make sure it will meet your needs next year.</li> </ul>
	<ul> <li>Do the changes affect the services you use?</li> </ul>
	<ul> <li>Look in Sections 1.1, 1.2, 1.5 and 2 for information about benefit and cost changes for our plan.</li> </ul>
	Check the changes in the booklet to our prescription drug coverage to see if they affect you.
	Will your drugs be covered?
	<ul> <li>Are your drugs in a different tier, with different cost-sharing?</li> </ul>
	<ul> <li>Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?</li> </ul>
	<ul> <li>Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?</li> </ul>

• Review the 2018 Drug List and look in Section1.6 for information about changes to our

- ☐ Check to see if your doctors and other providers will be in our network next year.
  - Are your doctors in our network?

drug coverage.

- What about the hospitals or other providers you use?
- Look in Section 1.3 for information about our Provider Directory.

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Essentials Rx 803 (HMO)\_OR

OMB Approval 0938-1051

	Thi	nk about your overall health care costs.
	•	How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
	•	How much will you spend on your premium and deductibles?
	•	How do your total plan costs compare to other Medicare coverage options?
	Thi	nk about whether you are happy with our plan.
2.	СС	MPARE: Learn about other plan choices
	Ch	eck coverage and costs of plans in your area.
	•	Use the personalized search feature on the Medicare Plan Finder at $\underline{\text{www.Medicare.gov}}$ website. Click "Find health & drug plans."
	•	Review the list in the back of your Medicare & You handbook.
	•	Look in Section 3.2 to learn more about your choices.
		ce you narrow your choice to a preferred plan, confirm your costs and coverage on plan's website.

- 3. CHOOSE: Decide whether you want to change your plan
  - If you want to **keep** Essentials Rx 803 (HMO), you don't need to do anything. You will stay in Essentials Rx 803 (HMO).
  - To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.
- 4. ENROLL: To change plans, join a plan between October 15 and December 7, 2017
  - If you don't join by December 7, 2017, you will stay in Essentials Rx 803 (HMO).
  - If you join by December 7, 2017, your new coverage will start on January 1, 2018.

#### **Additional Resources**

- If you have a visual impairment and need this material in a different format such as Braille, large print, and audio tapes, please call Customer Service.
- Coverage under this Plan qualifies as minimum essential coverage (MEC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

#### About Essentials Rx 803 (HMO)

- PacificSource Community Health Plans is an HMO/PPO plan with a Medicare contract. Enrollment in PacificSource Medicare depends on contract renewal.
- When this booklet says "we," "us," or "our," it means PacificSource Medicare. When it says "plan" or "our plan," it means Essentials Rx 803 (HMO).

## **Summary of Important Costs for 2018**

The table below compares the 2017 costs and 2018 costs for Essentials Rx 803 (HMO) in several important areas. Please note this is only a summary of changes. It is important to read the rest of this *Annual Notice of Changes* and review the enclosed *Evidence of Coverage* to see if other benefit or cost changes affect you.

Cost	2017 (this year)	2018 (next year)
Monthly plan premium*	Your total premium is set by PHIP. Please contact	Your total premium is set by PHIP. Please contact
* Your premium may be higher or lower than this amount. (See Section 2.1 for details.)	PHIP for the premium amounts you paid in 2017.	PHIP for the premium amounts you will pay in 2018.
Maximum out-of-pocket amount	\$3,400	\$3,400
This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)		
Doctor office visits	Primary care visits: \$15 per visit	Primary care visits: \$15 per visit
	Specialist visits: \$20 per visit	Specialist visits: \$20 per visit
Inpatient hospital stays	Days 1-4:	Days 1-4:
Includes inpatient acute, inpatient rehabilitation, long-term care	\$125 per day	\$125 per day
hospitals, and other types of	Days 5+:	Days 5+:
inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	\$0 per day	\$0 per day

Cost	2017 (this year)	2018 (next year)
Part D prescription drug coverage (See Section 1.6 for details.)	Deductible: \$0  Co-insurance during the Initial Coverage Stage (up to a 31-day supply at an in-network retail pharmacy):  • Drug Tier 1: You pay 40% of the total cost up to a maximum of \$250	Deductible: \$0  Co-insurance during the Initial Coverage Stage (up to a 31-day supply at an in-network retail pharmacy):  • Drug Tier 1: You pay 40% of the total cost up to a maximum of \$250
	<ul> <li>Drug Tier 2: You pay 40% of the total cost up to a maximum of \$250</li> </ul>	Drug Tier 2: You pay 40% of the total cost up to a maximum of \$250
	Drug Tier 3:You pay 40% of the total cost up to a maximum of \$250	Drug Tier 3:You pay 40% of the total cost up to a maximum of \$250
	Drug Tier 4: You pay 40% of the total cost up to a maximum of \$250	Drug Tier 4: You pay 40% of the total cost up to a maximum of \$250
	Drug Tier 5:You pay 40% of the total cost up to a maximum of \$250	Drug Tier 5:You pay 40% of the total cost up to a maximum of \$250
	Drug Tier 6: You pay 40% of the total cost up to a maximum of \$250	Drug Tier 6: You pay 40% of the total cost up to a maximum of \$250

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## **SECTION 1** Changes to Benefits and Costs for Next Year

## Section 1.1 – Changes to the Monthly Premium

Cost	2017 (this year)	2018 (next year)
Monthly premium  (You must also continue to pay your Medicare Part B premium.)	Your total premium is set by PHIP. Please contact PHIP for the premium amounts you paid in 2017.	Your total premium is set by PHIP. Please contact PHIP for the premium amounts you will pay in 2018.

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more, if you enroll in Medicare prescription drug coverage in the future.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving "Extra Help" with your prescription drug costs.

## Section 1.2 - Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. These limits are called the "maximum out-of-pocket amounts." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2017 (this year)	2018 (next year)
Maximum out-of-pocket amount Your costs for covered medical services (such as co-pays) count toward your maximum out-of- pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.	\$3,400	\$3,400  Once you have paid \$3,400 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

## **Section 1.3 – Changes to the Provider Network**

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. You may also call Customer Service for updated provider information or to ask us to mail you a Provider Directory. Please review the 2018 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider and managing your care.

## Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our in-network pharmacies.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. You may also call Customer Service for updated provider information or to ask us to mail you a Pharmacy Directory. Please review the 2018 Pharmacy Directory to see which pharmacies are in our network.

You may also call Member Services for updated provider information or to ask us to mail you a Pharmacy Directory. We strongly suggest that you review our current Pharmacy Directory to see if your pharmacy is still in our network.

## Section 1.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, Medical Benefits Chart (what is covered and what you pay), in your 2018 Evidence of Coverage.

Cost	2017 (this year)	2018 (next year)
Health and Wellness Education Programs: Silver&Fit® Exercise & Healthy Aging Program	You pay a non-refundable \$50 annual fee to join a participating Silver&Fit® Exercise & Healthy Aging Program exercise center. You can join Silver&Fit Home Fitness Program for no cost.	You pay a non-refundable \$50 annual fee to join a participating Silver&Fit® Exercise & Healthy Aging Program exercise center. You can join Silver&Fit Home Fitness Program for a \$10 per year for up to two fitness kits per year.

## Section 1.6 - Changes to Part D Prescription Drug Coverage

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is in this envelope.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.

If you are affected by a change in drug coverage, you can:

- Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug. We encourage current members to ask for an exception before next year.
  - o To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Customer Service.

 Work with your doctor (or other prescriber) to find a different drug that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a **one-time**, temporary supply of a non-formulary drug in the first 90 days of coverage of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

**Please note:** If you have previously received an approved formulary exception, you may need to request a renewal of that exception to continue receiving the medication in 2018. Please consult the drug list or contact Customer Service to ask if you need to receive a new coverage determination.

#### **Changes to Prescription Drug Costs**

Note: If you are in a program that helps pay for your drugs ("Extra Help"), the information about costs for Part D prescription drugs may not apply to you. We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. If you receive "Extra Help" and haven't received this insert September 30<sup>th</sup> please call Customer Service and ask for the "LIS Rider." Phone numbers for Customer Service are in Section 7.1 of this booklet.

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the enclosed *Evidence of Coverage*.)

#### Changes to the Deductible Stage

Stage	2017 (this year)	2018 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

#### Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how co-payments and co-insurance work, look at Chapter 6, Section 1.2, Types of out-of-pocket costs you may pay for covered drugs in your Evidence of Coverage.

move to the next stage (the

Catastrophic Coverage Stage).

Stage	2017 (this year)	2018 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one-month supply at an in-network	Your cost for a one-month supply at an in-network
During this stage, the plan pays its share of the	pharmacy with standard cost- sharing:	pharmacy with standard cost- sharing:
cost of your drugs and you pay your share of the cost.	Tier 1 (Preferred Generic): You pay 40% of the total cost up to a maximum of \$250.	Tier 1 (Preferred Generic): You pay 40% of the total cost up to a maximum of \$250.
The costs in this row are for a one-month (31-day) supply when you fill your prescription at an in-	Tier 2 (Generic): You pay 40% of the total cost up to a maximum of \$250.	Tier 2 (Generic): You pay 40% of the total cost up to a maximum of \$250.
network pharmacy that provides standard cost-sharing. For information about the costs for a	Tier 3 (Preferred Brand): You pay 40% of the total cost up to a maximum of \$250.	Tier 3 (Preferred Brand): You pay 40% of the total cost up to a maximum of \$250.
long-term supply, or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i> .	Tier 4 (Non-preferred drugs): You pay 40% of the total cost up to a maximum of \$250.	Tier 4 (Non-preferred drugs): You pay 40% of the total cost up to a maximum of \$250.
We changed the tier for some of the drugs on our Drug List. To see if your	Tier 5 (Specialty Tier): You pay 40% of the total cost up to a maximum of \$250.	Tier 5 (Specialty Tier): You pay 40% of the total cost up to a maximum of \$250.
drugs will be in a different tier, look them up on the Drug List.	Tier 6 (Select Care Drugs): You pay 40% of the total cost up to a maximum of \$250.	Tier 6 (Select Care Drugs): You pay 40% of the total cost up to a maximum of \$250.
	Once your total drug costs have reached \$4,950, you will	Once your total drug costs have reached \$5,000, you will

#### **Changes to the Coverage Gap and Catastrophic Coverage Stages**

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**.

move to the next stage (the

Catastrophic Coverage Stage).

For Initial Coverage Stage, for drugs on Tier 4, your cost-sharing is changing from a co-pay to co-insurance.

For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

## **SECTION 2** Administrative Changes

Cost	2017 (this year)	2018 (next year)
Home Health prior authorization requirement	Prior authorization required for Home Health Services	No prior authorization required for Home Health Services
Part B Prescription Drugs: Prior Authorization requirements	Prior authorization requirements for Part B drugs change yearly. Please contact Customer Service or see our Formulary to verify which Part B drugs require prior authorization.	Prior authorization requirements for Part B drugs change yearly. Please contact Customer Service or see our Formulary to verify which Part B drugs require prior authorization.
Part D Prescription Drugs: Prior Authorization requirements	Prior authorization requirements for Part D drugs change yearly. Please contact Customer Service or see our Formulary to verify which Part D drugs require prior authorization.	Prior authorization requirements for Part D drugs change yearly. Please contact Customer Service or see our Formulary to verify which Part D drugs require prior authorization.

## **SECTION 3** Deciding Which Plan to Choose

## Section 3.1 - If you want to stay in Essentials Rx 803 (HMO)

**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2018.

## Section 3.2 – If you want to change plans

Essentials Rx 803 (HMO) is sponsored by PHIP Health Insurance Program. Disenrolling from this plan will disenroll you from the PHIP Health Insurance Program. If you leave the PHIP Health Insurance Program, you may not be able to return to the PHIP Health Insurance Program. For more information about disenrollment or to change plans please contact PHIP.

We hope to keep you as a member next year but if you want to change for 2018 follow these steps:

#### Step 1: Learn about and compare your choices.

- You can change to a different PHIP Medicare plan,
- You can join a different Medicare health plan not offered by PHIP,
- --OR-- You can change to Original Medicare. If you change to Original Medicare, you will
  need to decide whether to join a Medicare drug plan. To learn more about Original
  Medicare and the different types of Medicare plans, read *Medicare & You 2018*, call your
  State Health Insurance Assistance Program (see Section 5, or call Medicare (see Section
  7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <a href="www.Medicare.gov">www.Medicare.gov</a> and click "Find health & drug plans." Here, you can find information about costs, coverage, and quality ratings for Medicare plans.

#### Step 2: Change your coverage

- To change to a different PHIP health plan, please contact PHIP for information.
- To change to Original Medicare with a prescription drug plan, please contact PHIP for information.
- To change to Original Medicare without a prescription drug plan, you must either:
  - o Contact PHIP for information on how to change to Original Medicare.
  - Or Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24-hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## **SECTION 4** Deadline for Changing Plans

If you want to change to a different PHIP plan, you can do it during the PHIP Annual Plan Change Period (October 1 until November 15). The change will take effect on January 1, 2018. Please contact PHIP for more information.

If you want to change to a different plan not offered by PHIP or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2018.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area are allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

If you enrolled in a Medicare Advantage plan for January 1, 2018, and don't like your plan choice, you can switch to Original Medicare between January 1 and February 14, 2018. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

## SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state.

• In Oregon, the SHIP is called Senior Health Insurance Benefits Assistance (SHIBA).

SHIP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call SHIP at:

State:	Phone:	Website:
Oregon	(800) 722-4134	www.OregonShiba.org

## **SECTION 6** Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- "Extra Help" from Medicare. If you have Medicaid, you are already enrolled in 'Extra Help,' also called the Low Income Subsidy. Extra Help pays some of your prescription drug premiums, annual deductibles and coinsurance. If you qualify, you do not have a coverage gap or late enrollment penalty. If you have guestions about Extra Help, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7:00 a.m. and 7:00 p.m.,
     Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the:
  - o Oregon CAREAssist Program.

State:	Program:	Phone:
Oregon	CAREAssist	(800) 805-2313

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call:

State:	Program:	Phone:
Oregon	CAREAssist	(800) 805-2313

## **SECTION 7** Questions?

#### Section 7.1 - Getting Help from Our Plan

Questions? We're here to help. Please call Customer Service at toll-free at (888) 863-3637. (TTY only, call (800) 735-2900.) We are available for phone calls: **October 1 - February 14**: 8:00 a.m. to 8:00 p.m. local time zone, seven days a week. **February 15 - September 30**: 8:00 a.m. to 8:00 p.m. local time zone, Monday-Friday. Calls to these numbers are free.

## Read your 2018 Evidence of Coverage (it has details about next year's benefits and costs).

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2018. For details, look in the 2018 *Evidence of Coverage* for Essentials Rx 803 (HMO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is included in this envelope.

#### Visit our Website.

You can also visit our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

## Section 7.2 - Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE or (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24-hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website.

You can visit the Medicare website (<a href="www.Medicare.gov">www.Medicare.gov</a>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <a href="www.Medicare.gov">www.Medicare.gov</a> and click on "Find health & drug plans").

#### Read Medicare & You 2018.

You can read the *Medicare & You 2018* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<a href="https://www.Medicare.gov">www.Medicare.gov</a>) or by calling 1-800-MEDICARE (1-800-633-4227), 24-hours a day, 7 days a week. TTY users should call 1-877-486-2048.