

Addendum to the 2023 Evidence of Coverage, Annual Notice of Change, and Summary of Benefits

This is important information regarding changes to your 2023 coverage.

This notice is regarding two cost-saving changes to 2023 Medicare Advantage benefits. These cost-saving benefit changes are part of the Inflation Reduction Act (IRA).

Beginning April 1, 2023, PacificSource Medicare members may pay less for certain drugs covered under Medicare Part B. If a drug had a price increase greater than the rate of inflation, your cost for those Part B drugs may be reduced.

Beginning July 1, 2023, you will pay **no more than** \$35 for a one-month supply of Part B insulin that is delivered through a pump covered under Medicare Part B as durable medical equipment.

You are **not** required to take any action in response to this document, but we recommend you keep this information for future reference. For more information regarding your benefits, the EOC can be found here: <u>www.Medicare.PacificSource.com</u>. If you have any questions, please call us at 888-863-3637 toll-free. TTY users should call 711. We accept all relay calls. We are open:

- Oct. 1 Mar. 31: 8:00 a.m. to 8:00 p.m. local time zone, seven days a week.
- Apr. 1 Sept. 30: 8:00 a.m. to 8:00 p.m. local time zone, Monday Friday.

Sincerely,

Customer Service PacificSource Community Health Plans

PacificSource Community Health Plans is an HMO, HMO D-SNP, and PPO plan with a Medicare contract and a contract with Oregon Health Plan (Medicaid).

PacificSource Community Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

PacificSource Community Health Plans does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-863-3637, TTY: 711. Aceptamos todas las llamadas de retransmisión.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 888-863-3637, TTY: 711. 我们会接听所有的转接来电。



Explorer 6 (PPO) offered by PacificSource Medicare

Annual Notice of Changes for 2023

You are currently enrolled as a member of Explorer 16 (PPO). Next year, there will be some changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at <u>www.Medicare.PacificSource.com</u>. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

What to do now

- 1. ASK: Which changes apply to you
- □ Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- □ Check to see if your primary care doctors, specialists, hospitals and other providers will be in our network next year.
- ☐ Think about your overall health care costs.
- ☐ Think about whether you are happy with our plan.
- 2. COMPARE: Learn about other plan choices
- □ Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <u>www.medicare.gov/plan-compare</u> website or review the list in the back of your *Medicare & You 2023* handbook.

- □ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
 - If you don't join another plan by December 7, 2022, you will stay in Explorer 6 (PPO).
 - To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with your current plan.
 - If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- Please contact our Customer Service number toll-free at 888-863-3637 for additional information (TTY: 711. We accept all relay calls.). Hours are: October 1 - March 31: 8:00 a.m. to 8:00 p.m. local time zone, seven days a week. April 1 - September 30: 8:00 a.m. to 8:00 p.m. local time zone, Monday-Friday.
- If you have a visual impairment and need this material in a different format such as braille, large print, or other alternate formats, please call Customer Service.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <u>www.irs.gov/Affordable-Care-Act/Individuals-and-Families</u> for more information.

About Explorer 6 (PPO)

- PacificSource Community Health Plans is an HMO, HMO D-SNP, and PPO plan with a Medicare contract and a contract with Oregon Health Plan (Medicaid).
- When this booklet says "we," "us," or "our", it means PacificSource Medicare. When it says "plan" or "our plan," it means Explorer 6 (PPO).

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Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for our plan in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium	\$0	\$0
(See Section 2.1 for details.)		
Maximum out-of-pocket amounts	From in-network providers: \$5,900	From in-network providers: \$3,950
This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)	From in-network and out-of-network providers combined: \$10,000	From in-network and out-of-network providers combined: \$8,950
Doctor office visits	In-Network	In-Network
	Primary care visits: \$10 per visit	Primary care visits: \$0 per visit
	Specialist visits: \$35 per visit	Specialist visits: \$0 per visit
	Out-of-Network	Out-of-Network
	Primary care visits: 50% co-insurance per	Primary care visits: 35% co-insurance per visit
	visit Specialist visits: 50% coinsurance per visit	Specialist visits: 35% coinsurance per visit
Inpatient hospital stays	In-Network	In-Network
	Days 1-7:	Days 1-5:
	\$285 per day	\$250 per day
	Days 8+:	Days 6+:
	\$0 per day	\$0 per day
	<u>Out-of-Network</u>	<u>Out-of-Network</u>
	50% of the total cost	35% of the total cost

SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Explorer 6 (PPO) in 2023

On January 1, 2023, PacificSource Medicare will be combining Explorer 16 (PPO) with one of our plans, Explorer 6 (PPO). The information in this document tells you about the differences between your current benefits in Explorer 16 (PPO) and the benefits you will have on January 1, 2023 as a member of Explorer 6 (PPO).

If you do nothing by December 7, 2022, we will automatically enroll you in our Explorer 6 (PPO). This means starting January 1, 2023, you will be getting your medical coverage through Explorer 6 (PPO). If you want to change plans or switch to Original Medicare, you must do so between October 15 and December 7. If you are eligible for "Extra Help," you may be able to change plans during other times.

SECTION 2 Changes to Benefits and Costs for Next Year

Cost	2022 (this year)	2023 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		
Monthly optional Comprehensive Dental premium	\$57	\$57
(This is an optional supplemental benefit. This premium is paid in addition to the monthly premium above.)		

Section 2.1 – Changes to the Monthly Premium

Section 2.2 – Changes to Your Maximum Out-of-Pocket Amounts

Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. These limits are called the "maximum out-of-pocket amounts." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
In-network maximum out-of-pocket amount Your costs for covered medical services (such as copays) from network providers count toward your in-network maximum out-of- pocket amount.	\$5,900	\$3,950 Once you have paid \$3,950 out-of-pocket for covered Part A and Part B services from network providers, you will pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.
Combined maximum out-of-pocket amount Your costs for covered medical services (such as copays) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount.	\$10,000	\$8,950 Once you have paid \$8,950 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services from in-network or out-of- network providers for the rest of the calendar year.

Section 2.3 – Changes to the Provider Network

There are changes to our network of providers for next year. Please review the 2023 *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Customer Service so we may assist.

Section 2.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)	
Acupuncture for	In-Network	In-Network	
chronic low back pain (Medicare covered)	You pay a \$25 copay per visit.	You pay a \$0 copay per visit.	
Ambulance services	You pay 20% of the total cost per one-way trip.	You pay a \$250 copay per one- way trip.	
Air services, Including Worldwide coverage			
Alternative Care	Alternative Care is <u>not</u>	You pay a \$0 copay per visit up to	
Non-Medicare covered acupuncture and chiropractic care	covered.	a combined total of 24 office visits.	
Chiropractic Services	In-Network	In-Network	
(Medicare covered)	You pay a \$20 copay per visit.	You pay a \$0 copay per visit.	
COVID-19 treatment during a public health emergency	You pay a \$0 copay per service.	You pay medical benefit cost shares that apply for services. Please refer the 'Medical Benefits Chart' in Chapter 4 of your <i>Evidence of Coverage</i> for cost shares specific to the service you are receiving.	
Dental Services	Preventive Services:	Preventive Services:	
(Routine)	You pay \$0 for:	You pay \$0 for:	
Preventive, Restorative and Extraction services	Routine Exams - 1 per year Cleanings (Prophylaxis or	Routine Exams - 2 per year	
	Periodontal) - 1 per year	Cleanings (Prophylaxis or	
	Bitewing x-rays - 1 per year	Periodontal) - 3 per year	
	Full mouth x-rays, Conebeam, and/or Panorex (1 complete series) – 1 per 5 years	Bitewing x-rays - 2 per year	
		Full mouth x-rays, Conebeam, and/ or Panorex (1 complete series) – 1	
	Preventive, Restorative and Extraction services are covered up to a combined \$500 annual maximum.	per 5 years Preventive, Restorative and Extraction services are covered up to a combined \$2,000 annual maximum.	

Cost	2022 (this year)	2023 (next year)
Dental Services Optional Supplemental	You have a \$1,000 annual maximum.	You have a \$2,000 annual maximum.
Comprehensive Dental plan (This plan can be purchased for an extra cost.)	 The following services are limited to 2 per calendar year: Routine exams Problem focused exams Cleanings (Prophylaxis or Periodontal) Bitewing x-rays Brush biopsy Topical Fluoride and Fluoride Varnish is limited to a combined 4 times per calendar year. 	 The following services are unlimited per year: Routine exams Problem focused exams Cleanings (Prophylaxis or Periodontal) Bitewing x-rays Brush biopsy Topical Fluoride and Fluoride Varnish
Emergency Care Post-Stabilization care, including Worldwide coverage	You pay a \$90 copay per visit.	You pay a \$110 copay per visit.
Inpatient hospital care	In-Network	In-Network
	Days 1-7: You pay a \$285 copay per day. Days 8+: You pay a \$0 copay per day.	Days 1-5: You pay a \$250 copay per day. Days 6+: You pay a \$0 copay per day.
Inpatient mental health	In-Network	In-Network
care	Days 1-7: You pay a \$230 copay per day. Days 8+: You pay a \$0 copay per day.	Days 1-5: You pay a \$230 copay per day. Days 6+: You pay a \$0 copay per day.
Opioid Treatment Program services	<u>In-Network</u> You pay a \$35 copay per visit.	In-Network You pay a \$0 copay per visit.

Cost	2022 (this year)	2023 (next year)
Out-of-Network	Out-of-Network	Out-of-Network
Coverage	You pay 50% of the total	You pay 35% of the total cost.
Acupuncture for chronic low back pain (Medicare covered), Annual Physical Exam, Cardiac Rehabilitation Services (Includes Intensive programs and services), Chiropractic Services (Medicare covered), Dental Services (Medicare covered), Diabetic Training, Supplies and Services, Durable Medical Equipment (DME) and related supplies, Hearing Services (Medicare Covered), Home health agency care, Inpatient hospital care, Inpatient mental health care, Medical Supplies, Medicare Covered Preventive Services, Opioid Treatment Program Services, Outpatient blood services, Outpatient diagnostic tests and therapeutic services, Outpatient Diagnostic and Therapeutic Radiological services	You pay 50% of the total cost.	You pay 35% of the total cost.

Cost	2022 (this year)	2023 (next year)	
Outpatient diagnostic tests and therapeutic services	<u>In-Network</u> You pay a \$15 copay per visit.	<u>In-Network</u> You pay a \$0 copay per visit.	
Lab services excluding A1c, Protime Testing, and Genetic Testing			
Outpatient Hospital, Observation, and Ambulatory Surgical Center services	<u>In-Network</u> You pay a \$285 copay per visit.	<u>In-Network</u> You pay a \$100 copay per visit.	
Excluding colonoscopies			
Outpatient mental health care	<u>In-Network</u> You pay a \$25 copay per	<u>In-Network</u> You pay a \$0 copay per visit.	
Including Psychiatric services	visit.		
Outpatient mental health care	<u>In-Network</u> You pay a \$25 copay per	<u>In-Network</u> You pay a \$20 copay per visit.	
Counseling services, individual and group sessions	visit.		
Outpatient rehabilitation services	In-Network	In-Network	
Physical, occupational, and speech therapy	You pay a \$35 copay per visit.	You pay a \$0 copay per visit.	
Outpatient substance	In-Network	In-Network	
abuse services	You pay a \$35 copay per visit.	You pay a \$0 copay per visit.	
Over-the-counter (OTC) medications	You get up to \$100 annual reimbursement for purchase of OTC Aspirin, Calcium, and Calcium-Vitamin D	You get up to \$150 per quarter to purchase OTC medications, and health related items.	
	combinations.	You must use this benefit through NationsOTC.	

Cost	2022 (this year)	2023 (next year)
Part B Prescription Drugs: Prior Authorization requirements	Prior authorization and Step Therapy requirements change yearly. Please contact Customer Service or see our Formulary to verify which drugs require prior authorization or step therapy.	Prior authorization and Step Therapy requirements change yearly. Please contact Customer Service or see our Formulary to verify which drugs require prior authorization or step therapy.
Physician/Practitioner	In-Network	In-Network
services	You pay a \$10 copay per	You pay a \$0 copay per visit.
Primary Care Provider (PCP)	visit.	
Physician/Practitioner	In-Network	In-Network
services	You pay a \$35 copay per visit.	You pay a \$0 copay per visit.
Specialist and other health care professional service visits	visit.	
Podiatry services	In-Network	In-Network
	You pay a \$35 copay per visit.	You pay a \$0 copay per visit.
Pulmonary	In-Network	In-Network
rehabilitation services	You pay a \$30 copay per visit.	You pay a \$20 copay per visit.
Skilled Nursing Facility	In-Network	In-Network
(SNF) care	Days 1-20:	Days 1-20:
	You pay a \$0 copay per day.	You pay a \$0 copay per day.
	Days 21-100:	Days 21-100:
	You pay a \$188 copay per day.	You pay a \$196 copay per day.
Vision Care (Routine)	You pay a \$35 copay per exam (1 exam every 2	You pay a \$0 copay per exam (1
Eye exams	exam (1 exam every 2 calendar years).	exam every calendar year).
Vision Care (Routine)	Up to a combined \$200	Up to a combined \$250
Eye Wear	reimbursement every two calendar years.	reimbursement every calendar year.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in our plan

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our plan.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, there may be a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<u>www.medicare.gov/plan-compare</u>), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

As a reminder, PacificSource Medicare offers other Medicare health plans AND/OR Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from our plan.
 - To **change to Original Medicare with a prescription drug plan,** enroll in the new drug plan. You will automatically be disenrolled from our plan.
- To change to Original Medicare without a prescription drug plan, you must either:
 - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
 - *or or* Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Montana, the SHIP is called the State Health and Insurance Assistance Program (SHIP).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call SHIP at 800-551-3191. You can learn more about SHIP by visiting their website (<u>www.dphhs.</u> <u>mt.gov/sltc/aging/SHIP</u>).

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

• **"Extra Help" from Medicare.** People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:

 $_{\odot}$ 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;

• The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or

• Your State Medicaid Office (applications).

• Help from your state's pharmaceutical assistance program. Montana has a program called Big Sky Rx Program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program. What if you have coverage from an AIDS Drug Assistance Program (ADAP)? The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Montana AIDS Drug Assistance Program. Note: To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

• If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number.

State:	Program:	Phone:
Montana	Montana AIDS Drug Assistance Program	406-444-3565

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call:

State:	Program:	Phone:
Montana	Montana AIDS Drug Assistance Program	406-444-3565

SECTION 7 Questions?

Section 7.1 – Getting Help from Our Plan

Questions? We're here to help. Please call Customer Service at 888-863-3637, TTY: 711. We accept all relay calls. We are available for phone calls: **October 1 - March 31:** 8:00 a.m. to 8:00 p.m. local time zone, seven days a week. **April 1 - September 30:** 8:00 a.m. to 8:00 p.m. local time zone, Monday - Friday. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for our plan. The

Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at <u>www.Medicare.</u> <u>PacificSource.com</u>. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at <u>www.Medicare.PacificSource.com</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>).

Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<u>https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</u>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.