



Summary of Benefits 2019

MyCare Rx 39 (HMO)

MyCare Rx 40 (HMO)

Clackamas, Multnomah, and Washington County



Things to Know About PacificSource Medicare MyCare Rx 39 (HMO) and MyCare Rx 40 (HMO)



Who can join?

To join **PacificSource Medicare MyCare Rx 39 (HMO)** or **MyCare Rx 40 (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Oregon: Clackamas, Multnomah, and Washington.

Which doctors, hospitals, and pharmacies can I use?

PacificSource Medicare MyCare Rx 39 (HMO) and **MyCare Rx 40 (HMO)** have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. Exceptions are emergencies, urgent care, and out-of-area dialysis services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's **provider directory** on our website, www.Medicare.PacificSource.com/Search/Provider.

You can see our plan's **pharmacy directory** on our website, www.Medicare.PacificSource.com/Search/Pharmacy.

Or, call us and we will send you a copy of the provider and pharmacy directories.

Summary of Benefits: January 1, 2019–December 31, 2019



This is a summary of drug and medical services and costs covered by PacificSource Medicare for the MyCare Rx 39 (HMO) and MyCare Rx 40 (HMO) plans.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

What do we cover?

- **Our plan members get all of the benefits covered by Original Medicare.** For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- **Our plan members also get more than what is covered by Original Medicare.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs, such as chemotherapy and some drugs administered by your provider.

You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, www.Medicare.PacificSource.com/Search/Drug.

Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

The amount you pay depends on the drug's tier, the pharmacy, and which benefit stage you have reached. See your formulary to locate which tier your drug is on. See the Prescription Drug Benefits page of this document for more detail on the benefit stages: initial coverage, coverage gap, and catastrophic coverage.

If you want to compare our plans with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on www.Medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.Medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

	MYCARE RX 39 (HMO)	MYCARE RX 40 (HMO)
	You Pay	
Monthly Premium		
You must continue to pay your Medicare Part B premium.	\$68	\$0
Medical Deductible		
	\$0	\$0
Pharmacy Deductible		
For Tier 3, 4, and 5 drugs	\$150	\$200
Out-of-pocket Maximum		
Yearly limit on your out-of-pocket costs for medical and hospital care with in-network providers.	\$4,950	\$4,950
Inpatient Hospital Care		
Our plan covers an unlimited number of days for an inpatient hospital stay. Prior authorization is required, except in urgent or emergent situations.	\$295 per day for days 1–5 \$0 for days 6 and beyond	\$370 per day for days 1–5 \$0 for days 6 and beyond
Outpatient Surgery		
Ambulatory surgical center	\$225	\$225
Outpatient hospital	\$225	\$225
Prior authorization is required for some services.		
Doctor's Office Visits		
Primary Care Physician (PCP)/Specialty	PCP - \$0 Specialist - \$25	PCP - \$0 Specialist - \$35
Prior authorization may be required for surgery or treatment services.		
Preventive Care		
For Medicare-approved preventive care Examples include an annual physical exam, flu shots, and various cancer screenings.	\$0	\$0
Emergency Care		
Waived if admitted to hospital within 72 hours	\$90	\$90
Urgently Needed Services		
	\$25	\$40
Diagnostic Radiology Services (such as MRIs and CT scans)		
Prior authorization is required for advanced/complex, imaging such as: CT scan, MRI, PET scan, Nuclear Test.	CT Scan - \$190 MRI - \$310 PET Scan - \$310 Nuclear Test - \$190	CT Scan - \$200 MRI - \$320 PET Scan - \$320 Nuclear Test - \$200
Diagnostic Tests and Procedures		
	\$15	20%
Lab Services		
Prior authorization is required for genetic testing and analysis.	A1c and Protime Testing - \$0 Genetic Testing - 20% All other Lab Services - \$15	A1c and Protime Testing - \$0 Genetic Testing - 20% All other Lab Services - \$20
Outpatient X-rays		
	\$15	\$15

MYCARE RX 39 (HMO)

MYCARE RX 40 (HMO)

You Pay

Therapeutic Radiology Services

Prior authorization is required for some radiation services.

20%

20%

Hearing Services

Exam to diagnose and treat hearing and balance issues

\$25

\$35

Routine hearing exam (up to one per year)

\$45

\$45

TruHearing™ Flyte Hearing Aids

Flyte Advanced: Per aid, up to two per year

\$699

\$699

Flyte Premium: Per aid, up to two per year

\$999

\$999

Routine hearing exam and hearing aid co-payments do not count toward out-of-pocket maximum.

Dental Services

For Medicare-covered dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth).

\$25

\$35

Prior authorization is required for nonroutine dental care.

Vision Services

Medicare-covered eye exam to diagnose and treat glaucoma and diabetic retinopathy.

\$0

\$0

Routine eye exam, one every two years

\$25

\$20

Eyeglasses or contact lenses after cataract surgery
There is a limit to how much our plan will pay.

\$0

\$0

Reimbursement every 2 years for routine prescription eyeglasses or contact lenses.

\$200 reimbursement

\$200 reimbursement

Mental Health Care

Inpatient Services

Prior authorization is required for inpatient mental health care, except in an emergency.

\$295 per day for days 1–5

\$330 per day for days 1–5

\$0 for days 6 and beyond

\$0 for days 6 and beyond

190-day lifetime limit for inpatient care not provided in a general hospital.

Outpatient Services

Per group or individual therapy visit

\$15

\$35

Skilled Nursing Facility (SNF)

Prior authorization is required. Limited up to 100 days per benefit period. No prior hospital stay is required.

\$0 per day for days 1–20

\$0 per day for days 1–20

\$172 per day for days 21–100

\$172 per day for days 21–100

Physical Therapy

Prior authorization is required for services beyond the Medicare therapy cap limits.

\$25

\$30

	MYCARE RX 39 (HMO)	MYCARE RX 40 (HMO)
	You Pay	
Ambulance		
Per one-way transport. Prior authorization is required for nonemergency transportation.	\$250	\$350
Transportation		
	Not covered	Not covered
Part B Drug Coverage		
Prior authorization is required for some drugs.	20%	20%
Durable Medical Equipment (wheelchairs, oxygen, etc.)		
Prior authorization may be required for some durable medical equipment (DME).	20%	20%
Foot Care (podiatry services)		
Foot exams and treatment if you have diabetic foot disease and/or meet certain conditions	\$25	\$35
Medicare-covered Chiropractic Care		
Spinal manipulation to correct a subluxation	\$20	\$20
Diabetes Supplies and Services		
Diabetes monitoring supplies, self-management training, and therapeutic shoes or inserts	\$0	\$0
Home Health Care		
	\$0	\$0
Hospice		
Hospice is covered outside of our plan. Please contact us for more details.	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care.	
Outpatient Substance Abuse		
Group and individual therapy	\$25	\$35
Prosthetic Devices (braces, artificial limbs, etc.)		
Prior authorization may be required.	\$0 internally implanted 20% all other	\$0 internally implanted 20% all other
Renal Dialysis		
	20%	20%
Outpatient Rehabilitation		
Prior authorization is required for services beyond the Medicare therapy cap limits.		
Cardiac rehab services	\$25	\$40
Pulmonary rehab services, Occupational therapy, and Speech and Language therapy , per visit	\$25	\$30

Prescription Drug Benefits



	MYCARE RX 39 (HMO)		MYCARE RX 40 (HMO)	
Stage 1				
Pharmacy Deductible	\$0 on Tiers 1, 2, and 6 \$150 on Tiers 3, 4, and 5		\$0 on Tiers 1, 2, and 6 \$200 on Tiers 3, 4, and 5	
Stage 2 When the total drug costs ² are between \$0 and \$3,820, you pay ¹ :				
Retail Pharmacy (30-day supply)*	Preferred Pharmacy	Standard Pharmacy	Preferred Pharmacy	Standard Pharmacy
Tier 1 Preferred Generic	\$2	\$7	\$3	\$8
Tier 2 Generic	\$12	\$17	\$12	\$17
Tier 3 Preferred Brand	\$37	\$47	\$37	\$47
Tier 4 Non-preferred	31%	33%	31%	33%
Tier 5 Specialty Tier	30% (30-day supply only)		29% (30-day supply only)	
Tier 6 Select Care	\$0	\$0	\$0	\$0
Stage 3 After total drug costs ² reach \$3,820, you pay ¹ :				
Most Generic	37%		37%	
Most Brand	25%		25%	
Select Drugs in Tier 3	All Tier 6 drugs and a select group of Tier 3 drugs have additional coverage during Stage Three (coverage gap). Your cost will not increase from Stage Two to Stage Three. See the list of covered drugs to determine which drugs are included.			
All Drugs in Tier 6				
Stage 4 After your out-of-pocket costs ³ reach \$5,100, the maximum you pay ¹ until the end of the calendar year is:				
	Whichever is the larger amount:		Whichever is the larger amount:	
All Covered Drugs	5% of the cost OR \$3.40 for generic drugs \$8.50 all other drugs		5% of the cost OR \$3.40 for generic drugs \$8.50 all other drugs	



Save with Mail Order: Receive a 90-day supply for the same cost as a 60-day supply for medications in Tiers 1, 2, 3 & 6, through CVS Caremark. Shipping is free and auto-refills are available.

You may get your drugs at network retail pharmacies and mail order pharmacies. Cost-sharing may differ relative to the pharmacy's status as preferred or standard, mail-order, Long Term Care (LTC) or home infusion, and 30-, 60-, or 90-day supply.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

We do not cover prescription drugs purchased outside of the United States and its territories.

¹ If you're receiving Extra Help (low-income subsidy), your prescription drug deductible and co-pays may be lower.

² Total drug costs: what you and others on your behalf pay, and what PacificSource Medicare pays for your prescriptions.

³ Out-of-pocket costs: everything you and others have paid on your behalf during stages one, two, and three.

*A 60-day supply is available for 2 co-pays, and a **90-day supply is available for 3 co-pays at retail prices.**

Additional Benefits



	MYCARE RX 39 (HMO)	MYCARE RX 40 (HMO)
	You Pay	
Fitness Programs (Silver&Fit® Exercise and Healthy Aging Program)		
Gym membership:	\$0/year	\$0/year
Home kits, up to two:	\$0/year	\$0/year
Alternative Care		
Acupuncture, naturopathy, and non-Medicare covered chiropractic care	\$20 (up to \$450 combined benefit limit for these services per calendar year.)	
Over-the-counter Medications		
Reimbursement per year for purchase of over-the-counter (OTC) aspirin, calcium, and calcium-vitamin D combinations.	\$100 reimbursement	\$100 reimbursement
Office Visits for \$0 Co-pay		
\$0 co-pay for Primary Care Provider (PCP) office visits for new or existing conditions when included with an annual wellness visit or annual routine physical visit.	\$0 when received in conjunction with annual wellness or annual routine physical exam with primary care provider	
Dexa Scan		
Bone density diagnostic screenings	\$0	
Colonoscopy Diagnostic Screenings		
	\$0	
Chronic Care Management		
PCP or Specialist visit focusing on complex chronic care management services	\$0	
Transitional Care Management		
PCP or Specialist visit following discharge from an inpatient hospital setting	\$0	

Optional Benefits



You must pay an extra premium each month for these benefits.

	MYCARE RX 39 (HMO)	MYCARE RX 40 (HMO)
	You Pay	
Preventive Dental	\$0 for the following: <ul style="list-style-type: none"> • Two annual cleanings (one every six months) • Two routine exams (one every six months) • Bitewing x-rays (one set every six months) • Full-mouth x-rays and/or panorex (one series every five calendar years) 	
Additional Monthly Premium	\$28 per month. This premium is in addition to your monthly plan premium of \$68.	\$28 per month. This premium is in addition to your monthly plan premium of \$0.
Deductible	This package does not have a deductible.	
Out-of-network Dental Services	We will cover 100% up to our maximum allowable charges for covered services. This maximum allowable is based on the 85th percentile of Usual, Customary, and Reasonable (UCR) charges. If your dentist is out of our network and the charges are more than the maximum allowable amount, you will have to pay for the excess charges.	

Contact Us



Oct. 1 to Mar. 31: 7 days a week | 8 a.m. to 8 p.m. Local time

Apr. 1 to Sept. 30: Mon. to Fri. | 8 a.m. to 8 p.m. Local time

Toll-free: (888) 530-1428 | TTY: (800) 735-2900 | www.Medicare.PacificSource.com

This document is available in other formats, such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at (888) 863-3637. TTY users call (800) 735-2900.

PacificSource Community Health Plans is an HMO/PPO plan with a Medicare contract. Enrollment in PacificSource Medicare depends on contract renewal. This information is not a complete description of benefits. Call (888) 863-3637 or 711 for TTY users, for more information. Other pharmacies and providers are available in our network.