

## PacificSource Dual Care (HMO D-SNP) offered by PacificSource Medicare

## **Annual Notice of Changes for 2025**

You are currently enrolled as a member of PacificSource Dual Care (HMO D-SNP). Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

# What to do now 1. ASK: Which changes apply to you

 $\Box$  Check the changes to our benefits and costs to see if they affect you.

- Review the changes to medical care costs (doctor, hospital).
- Review the changes to our drug coverage, including coverage restrictions and cost sharing.
- Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2025 "Drug List" to make sure the drugs you currently take are still covered.
- Compare the 2024 and 2025 plan information to see if any of these drugs are
  moving to a different cost-sharing tier or will be subject to different restrictions,
  such as prior authorization, step therapy, or a quantity limit, for 2025.

Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
Check if you qualify for help paying for prescription drugs. People with limited incomes may qualify for "Extra Help" from Medicare.
Think about whether you are happy with our plan.

2. **COMPARE**: Learn about other plan choices

☐ Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <a href="https://www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a> website or review the list in the

back of your *Medicare & You 2025* handbook. For additional support, contact your State Health Insurance Assistance Program (SHIP) to speak with a trained counselor.

- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2024, you will stay in PacificSource Dual Care (HMO D-SNP).
  - To change to a different plan, you can switch plans between October 15 and December 7. Your new coverage will start on January 1, 2025. This will end your enrollment with PacificSource Dual Care (HMO D-SNP).
  - Look in section 2.2, page 10 to learn more about your choices.
  - If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for two full months after the month you move out.

#### **Additional Resources**

- Please contact our Customer Service number toll-free at 888-863-3637 for additional information (TTY users should call 711. We accept all relay calls.). Hours are: October 1 March 31: 8:00 a.m. to 8:00 p.m. local time zone, seven days a week. April 1 September 30: 8:00 a.m. to 8:00 p.m. local time zone, Monday-Friday. This call is free.
- If you have a visual impairment and need this material in a different format such as braille, large print, audio, or other alternate formats, please call Customer Service.
- Coverage under this plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### **About PacificSource Dual Care (HMO D-SNP)**

- PacificSource Community Health Plans is an HMO, HMO D-SNP, and PPO plan with a Medicare contract and a contract with Oregon Health Plan (Medicaid). Enrollment in PacificSource Medicare depends on contract renewal.
- When this document says "we," "us," or "our", it means PacificSource Medicare.
   When it says "plan" or "our plan," it means PacificSource Dual Care (HMO D-SNP).

## **Annual Notice of Changes for 2025 Table of Contents**

Summary of In	nportant Costs for 2025	4
SECTION 1	Changes to Benefits and Costs for Next Year	5
Section 1.1 –	Changes to the Monthly Premium	5
Section 1.2 –	Changes to Your Maximum Out-of-Pocket Amount	5
Section 1.3 –	Changes to the Provider and Pharmacy Networks	6
Section 1.4 –	Changes to Benefits and Costs for Medical Services	7
Section 1.5 –	Changes to Part D Prescription Drug Coverage	9
SECTION 2	Administrative Changes	12
SECTION 3	Deciding Which Plan to Choose	12
Section 3.1 –	If you want to stay in our plan	12
Section 3.2 –	If you want to change plans	12
SECTION 4	Deadline for Changing Plans	13
SECTION 5	Programs That Offer Free Counseling about Medicare and Medicaid	14
SECTION 6	Programs That Help Pay for Prescription Drugs	14
SECTION 7	Questions?	15
Section 7.1 –	Getting Help from Our Plan	15
Section 7.2 –	Getting Help from Medicare	16
Section 7.3 –	Getting Help from Medicaid	16

## **Summary of Important Costs for 2025**

The table below compares the 2024 costs and 2025 costs for our plan in several important areas. **Please note this is only a summary of costs**. If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 for your deductible, doctor office visits, and inpatient hospital stays.

Cost	2024 (this year)	2025 (next year)
Monthly plan premium*	\$0	\$0
* Your premium may be higher than this amount. See Section 1.1 for details.		
Deductible	\$0	\$0
Doctor office	Primary care visits: \$0 per visit	Primary care visits: \$0 per visit
visits	Specialist visits: \$0 per visit	Specialist visits: \$0 per visit
Inpatient hospital stays	\$0	\$0
Part D prescription drug coverage (See Section 1.5 for details.)	Deductible: \$0  Copay during the Initial Coverage Stage:  For generic drugs, you pay either a \$0, \$1.55, or \$4.50 copay per prescription  For all other drugs, you pay either a \$0, \$4.60, or \$11.20 copay per prescription  Catastrophic Coverage:  During this payment stage, the plan pays the full cost for your covered Part D drugs. You pay nothing.	Deductible: \$0  Copay during the Initial Coverage Stage:  • For generic drugs, you pay either a \$0, \$1.60, or \$4.90 copay per prescription  • For all other drugs, you pay either a \$0, \$4.80, or \$12.15 copay per prescription  Catastrophic Coverage:  • During this payment stage, you pay nothing for your covered Part D drugs.

Cost	2024 (this year)	2025 (next year)
Maximum out-of-pocket amount This is the most you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	\$8,300  You are not responsible for paying any out of pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.	\$9,350  You are not responsible for paying any out of pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.

## **SECTION 1 Changes to Benefits and Costs for Next Year**

## **Section 1.1 – Changes to the Monthly Premium**

Cost	2024 (this year)	2025 (next year)
Monthly plan premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)		

## Section 1.2 - Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2024 (this year)	2025 (next year)
Maximum out-of-pocket amount	\$8,300	\$9,350
Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum.  You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.		Once you have paid \$9,350 out of pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.
Your costs for covered medical services (such as copays and deductibles) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		

## Section 1.3 – Changes to the Provider and Pharmacy Networks

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost sharing than the standard cost sharing offered by other network pharmacies for some drugs.

Updated directores are located on our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. You may also call Customer Service for updated provider and/or pharmacy information or to ask us to mail you a directory, which we will mail within three business days.

There are changes to our network of providers for next year. Please review the 2025 *Provider Directory* www.Medicare.PacificSource.com/Search/Provider to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. Please review the 2025 Pharmacy Directory <a href="https://medicare.pacificsource.com/Search/Pharmacy">https://medicare.pacificsource.com/Search/Pharmacy</a> to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Customer Service so we may assist.

## **Section 1.4 – Changes to Benefits and Costs for Medical Services**

Please note that the *Annual Notice of Changes* tells you about changes to your Medicare and Medicaid benefits and costs.

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2024 (this year)	2025 (next year)
Alternative Care  Naturopathic, non- Medicare covered	You pay a \$0 copay per visit up to a combined total of 24 office visits.	You pay a \$0 copay per visit up to a combined total of 10 office visits.
acupuncture and chiropractic care	Additional visits for acupuncture, chiropractic care, massage, and yoga are covered for treatment of a covered illness or injury through your Medicaid coverage. Please see your <i>Evidence of Coverage</i> for additional information.	Additional visits for acupuncture, chiropractic care, massage, and yoga are covered for treatment of a covered illness or injury through your Medicaid coverage. Please see your Evidence of Coverage for additional information.
Fitness Benefit	Must use Silver&Fit.	Must use One Pass
		You pay a \$0 copay for the following:
		Access to a nationwide network of gyms and fitness locations
		Live, digital fitness classes     and on-demand workouts
		Online brain training to help improve your memory and focus
		Groups, clubs and social events near you
		To learn more, go to YourOnePass.com, or contact One Pass at 877-504-6830.

Cost	2024 (this year)	2025 (next year)
Health-Related Social Needs (HRSN) services Housing services, climate related supports, and nutrition services through your Medicaid coverage	Nutrition Services are <u>not</u> covered.	You pay a \$0 copay for Nutrition Services including nutrition education, funds to buy groceries, hot meals, fruits and vegetables, or delivery of medically tailored meals for people with specific health conditions. Prior authorization is required. Please see your Evidence of Coverage for additional information.
Meal Benefit GA Foods meal	You pay a \$0 copay for a total of 28 meals/14 days.	Meal Benefit services are not covered.
delivery following inpatient stay in a hospital or nursing facility.		See HRSN services above for information related to covered nutrition services.
Over-the-counter (OTC) medications  NationsOTC	You get up to \$500 per year to purchase OTC medications, and health related items.	You get up to \$200 per quarter to purchase OTC medications, and health related items.
Part B Prescription Drugs: Prior Authorization and Step Therapy requirements	Requirements change yearly. Please contact Customer Service or see our Formulary to verify which drugs require prior authorization or step therapy. Step therapy may require trial of a Part B drug.	Requirements change yearly. Please contact Customer Service or see our Formulary to verify which drugs require prior authorization or step therapy. Step therapy may require trial of Part D or a Part B drug.
Special Supplemental Benefits for the	You get up to \$200 per year to purchase groceries.	Special supplemental benefits for the chronically ill are not covered.
Chronically III Nations OTC		See HRSN services above for information related to covered nutrition services.
Vision Care (Routine):	Up to a \$200 reimbursement every calendar year. Must use in-network provider.	Up to a \$200 reimbursement every calendar year. May use in or out-of-network
Eye Wear		providers.

#### Section 1.5 – Changes to Part D Prescription Drug Coverage

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or Drug List. A copy of our Drug List is provided electronically.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs, or moving them to a different cost-sharing tier. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the plan year. We update our online Drug List at least monthly to provide the most upto-date list of drugs. If we make a change that will affect your access to a drug you are taking, we will send you a notice about the change.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception, and/or working to find a new drug. You can also contact Customer Service for more information.

We currently can immediately remove a brand name drug on our Drug List if we replace it with a new generic drug version on the same or a lower cost-sharing tier and with the same or fewer restrictions as the brand name drug it replaces. Also, when adding a new generic, we may also decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions or both.

Starting in 2025, we can immediately replace original biological products with certain biosimilars. This means, for instance, if you are taking an original biological product that is being replaced by a biosimilar, you may not get notice of the change 30 days before we make it or get a month's supply of your original biological product at a network pharmacy. If you are taking the original biological product at the time we make the change, you will still get information on the specific change we made, but it may arrive after we make the change.

Some of these drug types may be new to you. For definitions of drug types, please see Chapter 12 of your Evidence of Coverage. The Food and Drug Administration (FDA) also provides consumer information on drugs. See FDA website: <a href="https://www.fda.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients">https://www.fda.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients</a>. You may also contact Customer Service or ask your health care provider, prescriber, or pharmacist for more information.

#### **Changes to Prescription Drug Benefits and Costs**

If you receive "Extra Help" to pay your Medicare prescription drugs, you may qualify for a reduction or elimination of your cost sharing for Part D drugs. Some of the information described in this section may not apply to you. **Note:** If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs* (also called the *Low-Income Subsidy Rider* or the *LIS Rider*), which tells you about your drug costs. If you receive "Extra Help" and you haven't received this insert by September 30th, please call Customer Service and ask for the LIS Rider.

Beginning in 2025, there are three **drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program will no longer exist in the Part D benefit.

The Coverage Gap Discount Program will also be replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of the plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

#### **Changes to the Deductible Stage**

Stage	2024 (this year)	2025 (next year)
Deductible Stage		Because we have no deductible, this payment stage does not apply to you.

#### **Changes to Your Cost Sharing in the Initial Coverage Stage**

Stage	2024 (this year)	2025 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one-month supply at an in-network	Your cost for a one-month supply at an in-network
During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.	For generic drugs, you pay either a \$0, \$1.55, or \$4.50	For generic drugs, you pay either a \$0, \$1.60, or \$4.90
The costs in this row are for a one-month (30-day) supply when you fill your prescription at an in-network pharmacy.	copay per prescription.	copay per prescription.
For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of	For all other drugs, you pay either a \$0, \$4.60, or \$11.20 copay per prescription.	For all other drugs, you pay either a \$0, \$4.80, or \$12.15 copay per prescription.
your Evidence of Coverage.  Most adult Part D vaccines are covered at no cost to you.	Once you have paid \$8,000 out of pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).	Once you have paid \$2,000 out of pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).

#### **Changes to the Catastrophic Coverage Stage**

The Catastrophic Coverage Stage is the third and final stage. Beginning in 2025, drug manufacturers pay a portion of the plan's full cost for covered Part D brand name drugs and biologics during the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program do not count toward out-of-pocket costs.

For specific information about your costs in the Catastrophic Coverage Stage, look at Chapter 6, Section 6, in your *Evidence of Coverage*.

### **SECTION 2 Administrative Changes**

Description	2024 (this year)	2025 (next year)
Medicare Prescription Payment Plan	Not applicable	The Medicare Prescription Payment Plan is a new payment option that works with your current drug coverage, and it can help you manage your drug costs by spreading them across monthly payments that vary throughout the year (January – December).  To learn more about this payment option, please contact us at 888-863-3637 or visit Medicare.gov.

#### **SECTION 3 Deciding Which Plan to Choose**

### Section 3.1 – If you want to stay in our plan

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will be automatically enrolled in our plan.

## Section 3.2 - If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2025 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- OR- You can change to Original Medicare. If you change to Original Medicare, you
  will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<a href="www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a>), read the Medicare & You 2025 handbook, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

As a reminder, PacificSource Medicare offers other Medicare health plans and Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### **Step 2: Change your coverage**

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from our plan.
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from our plan.
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
  - OR Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

If you switch to Original Medicare and do **not** enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

### **SECTION 4 Deadline for Changing Plans**

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2025.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

Because you have Oregon Health Plan (Medicaid), you can end your membership in our plan any month of the year. You also have options to enroll in another Medicare plan any month including:

- Original Medicare with a separate Medicare prescription drug plan,
- Original Medicare without a separate Medicare prescription drug plan (If you choose this
  option, Medicare may enroll you in a drug plan, unless you have opted out of automatic
  enrollment.), or
- If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

If you enrolled in a Medicare Advantage plan for January 1, 2025, and don't like your plan choice, you can also switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2025.

If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for two full months after the month you move out.

## SECTION 5 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Oregon, the SHIP is called the Senior Health Insurance Benefits Assistance (SHIBA).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIBA counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call SHIBA at 800-722-4134. You can learn more about SHIBA by visiting their website (<u>www. OregonShiba.org</u>).

For questions about your Oregon Health Plan (Medicaid) benefits, contact Oregon Health Plan (Medicaid) at 1-800-273-0557, Monday - Friday, 8 a.m. to 5 p.m. TTY users should call 711. Ask how joining another plan or returning to Original Medicare affects how you get your Oregon Health Plan (Medicaid) coverage.

## **SECTION 6 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs.

- "Extra Help" from Medicare. Because you have Medicaid, you are already enrolled in "Extra Help," also called the Low Income Subsidy. "Extra Help" pays some of your prescription drug premiums, yearly deductibles, and coinsurance. Because you qualify, you do not have a late enrollment penalty. If you have questions about "Extra Help", call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS
   Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals
   living with HIV/AIDS have access to life-saving HIV medications. To be eligible for

the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the CAREAssist Program. For information on eligibility criteria, covered drugs, how to enroll in the program or if you are currently enrolled how to continue receiving assistance, call 971-673-0144. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

• The Medicare Prescription Payment Plan. The Medicare Prescription Payment Plan is a new payment option to help you manage your out-of-pocket drug costs, starting in 2025. This new payment option works with your current drug coverage, and it can help you manage your drug costs by spreading them across monthly payments that vary throughout the year (January – December). This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.

"Extra Help" from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in this payment option, regardless of income level, and all Medicare drug plans and Medicare health plans with drug coverage must offer this payment option. To learn more about this payment option, please contact us at 888-863-3637 or visit Medicare.gov.

#### **SECTION 7 Questions?**

## Section 7.1 – Getting Help from Our Plan

Questions? We're here to help. Please call Customer Service at 888-863-3637, TTY: 711. We accept all relay calls. We are available for phone calls: **October 1 - March 31:** 8:00 a.m. to 8:00 p.m. local time zone, seven days a week. **April 1 - September 30:** 8:00 a.m. to 8:00 p.m. local time zone, Monday - Friday. Calls to these numbers are free.

## Read your 2025 Evidence of Coverage (it has details about next year's benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2025. For details, look in the 2025 Evidence of Coverage for our plan. The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at <a href="https://www.Medicare.pacificSource.com">www.Medicare.pacificSource.com</a>. You may also call Customer Service to ask us to mail you an Evidence of Coverage.

#### Visit our Website

You can also visit our website at <a href="www.Medicare.PacificSource.com">www.Medicare.PacificSource.com</a>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our *List of Covered Drugs (Formulary/Drug List)*.

#### **Section 7.2 – Getting Help from Medicare**

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2025

Read the *Medicare & You 2025* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<a href="https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf">https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</a>) or by calling 1 800 MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Section 7.3 – Getting Help from Medicaid

To get information from Oregon Health Plan (Medicaid) you can call Oregon Health Plan (Medicaid) at 1-800-273-0557. TTY users should call 711.